

## Aunt Daisy's Quilt

### Block Unit E – Square in a Square block unit



This month we will make the Square in a Square block unit. I have found the most success by cutting the center block the exact size required and cutting the outside triangles larger, then sewing and trimming down to 4 ½" square. There are many rulers available for making a square in a square, but I prefer this simple method.

**For each Square in a Square Block Unit E you will need the following:**

**MC:** Cut 1: 3 3/8" x 3 3/8" square of main color.



**Background:** Cut 2: 3 ½" x 3 ½" of background color – sub cut each background square on the diagonal once from corner to corner, you will get two triangles from each 3 ½" square.



**Directions:** Fold square in half and pinch to get the center of each side.



Now fold each of the four triangles by folding the longest side in half and pinch to get the center. Be careful NOT to pull or stretch this side as it is on the bias and will stretch out easily.



Place a background triangle on opposite sides of the square matching up the pinched center marks. Sew.



Press toward the background color. Please note you have extra fabric sticking out beyond the square, *do not trim yet!*



Sew the other two background triangles to the other sides of the square.



Press toward the background color.



Using a 4 1/2" square ruler or your preferred ruler, center the MC center square so you have the points of the MC just at the 1/4" seamline and trim to 4 1/2" x 4 1/2". Please note the points are also lined up on the 2 1/4" line and the tip of the point is at the 1/4" line.



Block should be 4 ½" x 4 ½".



**King Size Quilt: REQUIRED: 80 Square in a Square block units.**

**MC:** Cut 8 strips 3 3/8" x WOF – sub cut into 80: 3 3/8" x 3 3/8" squares.

**Background:** Cut 15 strips 3 1/2" x WOF – sub cut into 160: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 320 triangles.)

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**Queen Size Quilt: REQUIRED: 60 Square in a Square block units.**

**MC:** Cut 6 strips 3 3/8" x WOF – sub cut into 60: 3 3/8" x 3 3/8" squares.

**Background:** Cut 11 strips 3 1/2" x WOF – sub cut into 120: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 240 triangles.)

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**Double Size Quilt: REQUIRED: 45 Square in a Square block units.**

**MC:** Cut 5 strips 3 3/8" x WOF – sub cut into 45: 3 3/8" x 3 3/8" squares.

**Background:** Cut 9 strips 3 1/2" x WOF – sub cut into 90: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 180 triangles.)

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**Twin Size Quilt: REQUIRED: 30 Square in a Square block units.**

**MC:** Cut 3 strips 3 3/8" x WOF – sub cut into 30: 3 3/8" x 3 3/8" squares.

**Background:** Cut 6 strips 3 1/2" x WOF – sub cut into 60: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 120 triangles.)

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**Lap Size Quilt: REQUIRED: 20 Square in a Square block units.**

**MC:** Cut 2 strips 3 3/8" x WOF – sub cut into 20: 3 3/8" x 3 3/8" squares.

**Background:** Cut 4 strips 3 1/2" x WOF – sub cut into 40: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 80 triangles.)

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**Pillow Front or Table Topper: REQUIRED: 5 Square in a Square block units.**

**MC:** Cut 1 strips 3 3/8" x 18" – sub cut into 5: 3 3/8" x 3 3/8" squares.

**Background:** Cut 1 strips 3 1/2" x WOF – sub cut into 10: 3 1/2" x 3 1/2" squares – then cut all background squares on the diagonal (you will get 20 triangles.)

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